# **HOW TO USE NON CONTACT INFRARED THERMOMETERS (NCITs)**

#### **Proper Use of NCITs**

The person using the device should **strictly follow the manufacturer's guidelines and instructions for use** for the specific NCIT being used. The manufacturer's instructions for use typically include the following information and recommendations for proper use:

### **Preparing the Environment and NCIT:**

The use environment may impact the performance of the NCIT. Instructions will typically include recommendations for optimal use, such as the following:

- Use in a draft-free space and out of direct sun or near radiant heat sources.
- Determine if conditions are optimal for use. Typically, the environmental temperature should be between 60.8-104 °F and relative humidity below 85 percent.
- Place the NCIT in the testing environment or room for 10-30 minutes prior to use to allow the NCIT to adjust to the environment.

## **Preparing the Person Being Evaluated:**

In preparation for taking a temperature measurement with an NCIT, the person using the NCIT should typically ensure that

- The test area of the forehead is clean, dry and not blocked during measurement.
- The person's body temperature or temperature at the forehead test area has not been increased or decreased by wearing excessive clothing or head covers (for example headbands, bandanas).

### Using the NCIT:

As previously noted, the person using the device should **strictly follow the manufacturer's guidelines and instructions for use** for the specific NCIT being used. In particular, the following are typical instructions for NCIT usage.

- Hold the NCIT sensing area *perpendicular* to the forehead and instruct the person to remain stationary during measurement(s). (See Figure 1)
- The distance between the NCIT and forehead is specific to each NCIT. Consult the manufacturer's instructions for correct measurement distances.
- Do not touch the sensing area of the NCIT and keep the sensor clean and dry.



Figure 1: CORRECT USE

Forehead unobstructed, NCIT perpendicular to forehead & used at distance identified in manufacturer's instructions.



Figure 2: **INCORRECT USE** 

Not perpendicular to forehead



Figure 3: **INCORRECT USE** 

Forehead exposed to direct sunlight outdoors

Info complied from: https://www.fda.gov/medical-devices/general-hospital-devices-and-supplies/non-contact-infrared-thermometers