**SOUTHERN NEW HAMPSHIRE SERVICES, INC. – CHILD DEVELOPMENT PROGRAM**

**Is it a Choosy choice?**

**MONTHLY NUTRITION LESSON DOCUMENTATION**

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| **TODAY’S****DATE:** |  | **MONTH:** |  | **CENTER/****CR#:** |  | **PERSON SUBMITTING:** |  |

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| **FOOD BASED NUTRITION LESSON** |
| **DATE OF LESSON:** |  | **NUMBER OF ADULTS:** |  |
| **TIME OF LESSON:** |  | **NUMBER OF CHILDREN:** |  |
| FOOD & SUPPLIES REQUESTED: |
| SPECIAL INSTRUCTIONS: |
| BRIEF DESCRIPTION OF LESSON: |
| AREAS OF DEVELOPMENT | HOW WILL YOU MEET THE AREA OF DEVELOPMENT? |
| Social & Emotional  |  |
| Physical |  |
| Language |  |
| Cognitive |  |
| Literacy |  |
| Mathematics |  |
| Science and Technology |  |
| Social Studies |  |
| The Arts |  |
| English Language Acquisition |  |

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| **NON-FOOD BASED NUTRITION LESSON** |
| BRIEF DESCRIPTION OF LESSON: |
| AREAS OF DEVELOPMENT | HOW WILL YOU MEET THE AREA OF DEVELOPMENT? |
| Social & Emotional  |  |
| Physical |  |
| Language |  |
| Cognitive |  |
| Literacy |  |
| Mathematics |  |
| Science and Technology |  |
| Social Studies |  |
| The Arts |  |
| English Language Acquisition |  |