

Early Head Start Home School Connection

Try These Activities at Home This Week

Pretend to be a train with your child!
This helps with transition from one activity to the next.



Time Spent _____

Fun in the sand! In a sand box or at the beach draw lines in the sand with your child and make drawings! You can always make letters, numbers or shapes to make learning more fun!



Time Spent _____

Cooking with bubbles! Cover the bottom of a plastic dishpan with water.

- Add some liquid dish washing soap
- Whip up a big pile of bubbles using a hand whisk or mixer
- Set the dish pan on the floor.
- Give your child a plastic cup, spoon or muffin tin.

Make sure to supervise children while playing with water!



Time Spent _____



Once your baby has learned to crawl, let her sharpen her skills on the world's best climbing equipment: You! Simply lie on the floor. Your body is high enough to be challenging, but low enough to be safe.

Time Spent _____

Don't forget to share old-fashioned hand games with your children such as *This Little Piggy*. These rhythms may be old, but they are still fun for toddlers!



Time Spent _____

Tip: Lots of exercise!



Let your child run around and get out all that energy. It's a great outlet for them and keeps them healthy!