|  |  |  |
| --- | --- | --- |
| **Subject** | **Highlighted Information** | **Resource Link** |
| ***NH Funeral Resources, Education & Advocacy*** | Funerals and Covid-19**:** Guidance for Caring for the Dying, the Deceased, ​and Bereaved | [**https://www.nhfuneral.org/covid-19-and-funerals-what-you-need-to-know.html**](https://www.nhfuneral.org/covid-19-and-funerals-what-you-need-to-know.html) |
| **FINANCIAL ASSISTANCE RESOURCES** | | |
| **Welfare benefit from**  **NH cities & towns** | NH city and town welfare departments provide financial assistance for deceased residents, or whose immediate family doesn’t have the ability to pay for a cremation | <https://www.nhmunicipal.org/town-city-article/dealing-burial-costs-understanding-municipalitys-obligation> |
| **Cremation Society of NH** | Policy that no one be denied a proper and dignified cremation due to financial limitations. Community service discounted fees available in NH & VT | <https://csnh.com/afteraloss/socialservices/> |
| **Phaneuf Family Foundation funds** | Up to $1000 to any one request by a family, organization or student for deceased NH residents to cover funeral/cremation costs | <https://phaneuffoundation.org/apply> |
| **Funeral Homes** | Many funeral homes give discounts; also, afuneral home may be able to present the bill to the deceased’s bank for reimbursement up to statute allowable amount | Information provided by a Network4Health partner hospital case manager |
| **MOURNING, MENTAL WELLNESS, & COPING with GRIEF** | | |
| **During Covid, Where can I Find Support?** | NAMI COVID-19 Information , including grief recovery support, directory of resources to help people coping with the loss of a loved one during the Covid-19 Outbreak | NH NAMI: <https://www.naminh.org/resources-2/covid-19/> |
| **Pandemic Changes How We Mourn** | Key advice from experts for families and friends | <https://www.aarp.org/caregiving/basics/info-2020/mourning-death-during-coronavirus.html> |
| **Coping with Loss and Grief During Covid** | A variety of remote bereavement support groups, free of charge | [https://www.vitas.com/family-and-caregiver-support/grief-and-bereavement/coping-with-grief/coping-with-loss-and-grief-during-the-coronavirus-crisis/](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.vitas.com_family-2Dand-2Dcaregiver-2Dsupport_grief-2Dand-2Dbereavement_coping-2Dwith-2Dgrief_coping-2Dwith-2Dloss-2Dand-2Dgrief-2Dduring-2Dthe-2Dcoronavirus-2Dcrisis_&d=DwQFAg&c=hcNud1dvAKchyw7UCTG8UA&r=NrMAgofZgZiyLOAUi262AjeHmYgznJtV2DwkzB4_uEo&m=2FlZ-vKpl8RsRk3tlP0Khe7q1smByylDXIh8xLR4kkw&s=fHeembz1nrcCyocHIp9eVg1P1wjR4mJOZQXIU7Y8tyQ&e=) |
| **How to Cope with Bereavement During the COVID-19 Pandemic**  **Right Now** | Coping Strategies | [https://www.psychologytoday.com/us/blog/bravery-in-bereavement/202004/how-cope-bereavement-during-the-covid-19-pandemic [psychologytoday.com]](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.psychologytoday.com_us_blog_bravery-2Din-2Dbereavement_202004_how-2Dcope-2Dbereavement-2Dduring-2Dthe-2Dcovid-2D19-2Dpandemic&d=DwMFAg&c=hcNud1dvAKchyw7UCTG8UA&r=NrMAgofZgZiyLOAUi262AjeHmYgznJtV2DwkzB4_uEo&m=2FlZ-vKpl8RsRk3tlP0Khe7q1smByylDXIh8xLR4kkw&s=oyDIUiaSAbrZpEjE6KbC81QTwh9kQRI_bPqI4Mwekek&e=) |
| **Variety of Resources** | Ritual and Grief in the time of COVID-19 | <https://www.nhfuneral.org/covid-19-and-funerals-what-you-need-to-know.html> |
| **GENERAL** | | |
| NH DHHS | Information on the Coronavirus COVID-19 in NH | <https://www.nh.gov/covid19/> |
| NH AARP | The latest Covid information, and resources | <https://states.aarp.org/new-hampshire/nhcovid19> |