**SOUTHERN NEW HAMPSHIRE SERVICES, INC. – CHILD DEVELOPMENT PROGRAM**

**Is it a Choosy choice?**

**MONTHLY NUTRITION LESSON DOCUMENTATION**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **TODAY’S**  **DATE:** |  | **MONTH:** |  | **CENTER/**  **CR#:** |  | **PERSON SUBMITTING:** |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **FOOD BASED NUTRITION LESSON** | | | |
| **DATE OF LESSON:** |  | **NUMBER OF ADULTS:** |  |
| **TIME OF LESSON:** |  | **NUMBER OF CHILDREN:** |  |
| FOOD & SUPPLIES REQUESTED: | | | |
| SPECIAL INSTRUCTIONS: | | | |
| BRIEF DESCRIPTION OF LESSON: | | | |
| AREAS OF DEVELOPMENT | HOW WILL YOU MEET THE AREA OF DEVELOPMENT? | | |
| Social & Emotional |  | | |
| Physical |  | | |
| Language |  | | |
| Cognitive |  | | |
| Literacy |  | | |
| Mathematics |  | | |
| Science and Technology |  | | |
| Social Studies |  | | |
| The Arts |  | | |
| English Language Acquisition |  | | |

|  |  |
| --- | --- |
| **NON-FOOD BASED NUTRITION LESSON** | |
| BRIEF DESCRIPTION OF LESSON: | |
| AREAS OF DEVELOPMENT | HOW WILL YOU MEET THE AREA OF DEVELOPMENT? |
| Social & Emotional |  |
| Physical |  |
| Language |  |
| Cognitive |  |
| Literacy |  |
| Mathematics |  |
| Science and Technology |  |
| Social Studies |  |
| The Arts |  |
| English Language Acquisition |  |