**Positive Parenting at Home**

Be Safe, Be Kind, Be Careful with your things can be supported at home as well as school.

* Talk to your child’s teacher about what your child is learning and how you support your child

You Are Your Child’s Most Valuable Teacher!

Parenting is a hard and very important job. Helping your child learn appropriate behavior will help them be successful in every part of their life.

**BE POSITIVE BE FIRM BE CONSISTENT**

Here are some strategies to promote positive behaviors at home:

1. Praise your child when they do the right things
2. Fill your child’s bucket with positives
3. Separate feelings for the child from feelings about the behavior
4. Tell your child what to do, instead of what not to do
5. State the rules calmly; be firm but do not yell
6. Stay firm in your decisions, follow through
7. Be consistent in your expectations and your reactions to inappropriate behavior
8. Be consistent in your family’s daily routine
9. Be a good role model, your child is always watching!
10. Find special time to spend together and **Have Fun!**

**Additional Support** 

Some children need more individualized planning. The program will work together with families to identify a child’s strengths and areas of need that are leading to ongoing challenging behavior in the classroom.

Our Licensed Social Worker and Social Emotional Specialist are available to support children through observation, meetings with staff and families, including home visits.



Southern NH Services, Inc.-Child Development Program

**Early Head Start**

**PBIS**

Positive Behavior Interventions and Support

**Family Guide**

**Be Positive**

**Be Firm**

**Be Consistent**



**Be Safe**

**Be Kind**

**Be Careful**

**with our Things**

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Updated 2015



**Teaching Social Skills**

Targeted Social Emotional Supports

Teachers plan for social emotional lessons for each child. They provide opportunities for practice and receiving positive encouragement:

* Build personal connections-Trust
* Explore Feelings about Self-Learning about Me
* Form Relationships with Other Children
* Communication
* Self-Help skills

**Relationships and Environments**

Nurturing and Responsive Relationships and High Quality Supporting Environments

Teachers promote positive relationships with children through:

* Positive interactions (play, meals, small group activities)
* Conversations
* Schedule and Routines
* Clear Expectations
* Positive responses
* Offering choices

We introduce our Classroom Rules:

* Be Safe-Listen to Teachers
* Be Kind-Take Turns
* Be Careful with Our Things-Clean Up

We Introduce Social Skills:

* Tucker Turtle Technique
* Recognizing and responding to Feelings
* Problem Solving





# Individualized Supports-

# Intensive Intervention

Infants and Toddlers do use challenging behaviors such as hitting, kicking, biting, etc. to communicate a need.

We support children when they show aggressive behavior by helping them to calm with the support of a caring adult. Here are some of our strategies:

* Redirection
* Labeling feelings
* Offering words to express feelings or wishes
	+ “Tell him. . . or Her…No Thank You
* Books-Tucker Turtle, Hands Are Not for Hitting, etc.
* Cozy Spaces for calming down
* Being held or hugged
* Time Away

We individualize for each and every child. We take a team approach in meeting the needs of individual children.

*For Further information ask staff for our Behavior Management Policy*

**PBIS is based on The Teaching Pyramid:**

Intensive Intervention

Targeted Social Emotional Supports

High Quality Supporting Environments

Nurturing and Responsive Relationships

What you can expect to see at Early Head Start:

* Positive relationships between children and teachers
* Soft, quiet areas available for children
* Visuals and Books used to encourage desired behavior
	+ Be Safe, Be Kind, Be Careful with our Things
	+ Picture schedules
	+ Bumble the Bee and Tucker the Turtle

**PBIS is based on The Teaching Pyramid:**

Intensive Intervention

Targeted Social Emotional Supports

High Quality Supporting Environments

Nurturing and Responsive Relationships