Family Services Training

Sharing Activity

**In-House Field Trips/Classroom Visitors:**

UNH Cooperative Extension

Fish and Game- Hatchery Truck

Lil Iguana- personal safety for children

Chef

Home Depot- building activities

Library

Puppet Shows

Dental Hygienist/Dentist

Kevin Skarupa- WMUR Meteorologist

Post Office

Pediatric OT/PT

Tokyo Joes –karate, martial arts studios

Sophia’s Traveling Zoo- exotic animals

Weather Vane Restaurant- Contact: Gaill- brings shellfish, lobsters etc.

ASPCA

Fisher Cats/Monarchs- minor league teams

Currier Art Museum

Bedford Youth Performance Company- musical theatre performance

Nurse

Yoga studio

Hannaford- food nutritionists

**Parent Meetings:**

Bridges- Domestic Violence, Nashua (Contact:Amy)

NH Healthy Families – Medicaid insurance plan (Contact: Scott)

Wellsense- Medicaid insurance plan

Red Cross

UNH Cooperative Extension

Cooking Matters- New Horizon Food Bank

NH Outstanding Teen program- will dress up as characters and read to children

Dept. of Safety- Bicycle Safety

Kindness Rocks- paint rocks and leave them in public spaces to be found

Triangle Credit Union- Contact: Seana Hill

DCYF- inform parents of services available, reduce barriers and fear

Kindergarten teachers/ principals of local elementary schools

**Topics for Newsletters:**

Emergency Preparedness

Center Announcements- family nights, parent meetings, dates center closed, Policy Council etc.

Summer/ Winter safety tips

Safety Educator newsletter info

Library happenings

Community Resources

Pictures of classrooms- Word has template for school newsletters, can input pictures

Free events, fairs, social happenings

Weather announcements- appropriate clothing, snow procedures etc.

Parking lot safety

In-kind Reminders

Curriculum review

Upcoming classroom events- read a thons etc.

Recipes from families

Calendar

Inspirational quotes

Resources- Salvation Army etc.

Holiday Help

Health Tips- eating, exercise, lead etc.

**Center Wide Celebrations:**

**Week of the Young Child:**

Planting with families

Decorate t-shirts

Spirit week ( Hats, PJs, sport day etc.)

Character day- dress like favorite book character

Lego building cards with families

Family picture frames

Wishing wall

Family Healthy snack- make a snack

Stone painting

Game Night/Day

Parade

Dance party

Parent ribbons

**Child Abuse Prevention Month:**

Pinwheels- decorate center, parents write positive things about child on each point of pinwheel etc.

Poems and frames

Parent appreciation- positive feedback

Build paper chain- parents write what they will do to protect their child and make a chain down the hallway

“Blue” photo booth for children and families

“Blue” bracelets- beads, paper, stickers etc. friendship bracelets

Teaching good communication skills

Protective factors framework activity

Handprint pledge

Question of the day for parents

Wear blue day

**Read a thon guest readers:**

Previous and current Policy Council reps

Parents’ and Teachers’ parents

Librarian

School principals/kindergarten teachers etc.

Service groups- United Way, Women’s club etc.

Mail carriers, police, fire fighter, doctor, dentist

Family members- grandparents, older siblings etc.

Local high school students or college students

Cook or food transporter

Family Worker

Local news station personnel- reporters, weather person, sports etc.

Sports programs- minor league teams. Police Athletic Associations

Mayor, city councilor etc.

Interns

Well Sense/ NH Healthy Families staff

Honor Societies

Foster Grandparent/ Senior programs